

MORDERN CHINA REVIEW

# Karate

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Karate is a major sport in China it is a national sport to them. You may ask what is karate? Karate is a type of martial arts. Martial arts are a way of fighting.

Where do you do karate? You do karate in a small gym called a dojo. A dojo is a small padded room they need it padded because they are doing tons of flips and stuff.

Why did they make karate a sport? They made karate a sport because they needed a way to stay fit.

The rules for karate are that you need to use it for self-defense. You aren't supposed to kill the person you are fighting or defending yourself from. Because that would be bad you would probably get arrested for it.

They rank themselves by belts.  
Lowest ranking belt is the white belt.  
The highest-ranking belt is the black belt. You get a higher rank by being tested and performing better.  
You wear either a white or black robe

There are many different types of karate. Like jujitsu and judo

What do you use karate for except beating people up? Some people use karate for relaxation and meditating and some more stuff like that. It is just a hobby for some people.

They yell when they do stuff because it makes the punch or kick stronger. Can you use weapons? Yes but not to fight people with you can train with them you can have sticks, numb chucks and a sword Or the ninja blades.

The origin is not known. Because the people who invented it kept it secret from outsiders. So they don't know who invented it.

Hope you enjoyed the article:-)



Sources:

1 Martial arts books

2 Worldbook

3 wikipedia click on martial arts.